

Call for Stories & Photos

Celebrating The Arc of Cass County's 70th Anniversary!

70 years of progress and we're just getting started.



As The Arc of Cass County marks 70 years of dignity, rights, and opportunity, we're gathering memories! Whether you're a current or former self-advocate, family member, volunteer, staff, friend, board member, or community partner, your experiences are an important part of our history!

We invite you to submit stories, photos, and personal reflections that highlight meaningful moments connected to The Arc of Cass County.

[Submit your memories!](#)

Director's Corner

What Are Fargo's Real Crime Trends, and What Do They Mean for People with Disabilities?



Many people with disabilities in Fargo have been saying the same thing for years: they feel less safe in their own community. While the Fargo Police Chief recently highlighted a year-to-year decline in crime for 2025, that narrow snapshot leaves out a decade of data that tells a very different story. Public records from the [North Dakota Attorney General's Office](#) show long-term trends across Fargo, West Fargo, and the state as a whole. When viewed over time, the picture is clear, crime in Fargo has risen significantly since 2014, while police enforcement and case resolution have declined. For residents who already face higher risks and barriers, these trends have real consequences.

People with disabilities often rely on predictable routines, accessible transportation, and stable

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want their own family members to face. This is not fearmongering; it reflects lived experience for some and growing insecurity for many others. And the data supports these concerns. [Read on](#)

Do You Know About?

Ambucs of the Red River Valley



Interview with Kristin Peters – President, Red River Ambucs

What services does Red River Ambucs provide?

The mission of the Red River AMBUCS is Inspiring Mobility and Independence in the Red River Valley by working in partnership with Physical, Occupational and Speech Therapists by providing Amtryke Adaptive Trykes for people with disabilities. We help people of all ages and abilities to get specially designed adaptive trykes to enhance their quality of life with their families and peers. Amtrykes make standard 3-wheeled hand, hand and foot and foot trykes including for all ages from early childhood trykes to adult trykes with necessary adaptations to individualize the person’s needs to be successful to ride the Amtrykes.

Why are trykes important to the people who receive them?

Recipients, parents and therapists report that the Amtryke adaptive tricycle provides increased strength, mobility and coordination as well as self-confidence and positive peer interaction. That all adds up to great exercise, the opportunity to be outdoors and just plain fun! [Read more...](#)

Arc Opportunities

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Express Yourself!
Creative Studio Art Class

Who: Groups or Individuals
What: Project TBD
When: March 23rd @ 1pm or 2pm
Where: The Arc Office
 (215 University Drive N, Fargo)

Must RSVP to attend - email
caitlin@arccasnd.org



Express Yourself!
Mobile Studio Art Class

Who: Groups
What: Project TBD
When: Scheduled to work with you
Where: We will come to you

Email caitlin@arccasnd.org
to schedule your class!

Scholarship Applications due by the end of March!

Janell Ness Academic Scholarship – Supports students in southeastern North Dakota who plan to major in Social Work, Special Education or who intend to use their degree to pursue a career in Human Services.

Higher Learning Scholarship – Supports individuals with intellectual and developmental disabilities in expanding their learning and training beyond high school.

Other Opportunities

**Tell Congress:
Increase the SSI
Asset Limit!**

TAKE ACTION: Urge your Member of Congress to support people with disabilities by co-sponsoring the bipartisan SSI Savings Penalty Elimination Act.

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Check It Out

Local

- [ND State Council on DD 5 year plan and link for public input](#)
- [Bismarck children support peers with intellectual disabilities](#)

National

- [Altering IDEA Poses ‘Substantial Risk’ To Students With Disabilities, Advocates Warn](#)
- [Social Security Shares Update on Disability Claims Backlog](#)
- [The Hidden Struggles of Invisible Disabilities](#)

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