

Did you know about?

Learn about services and organizations in our community we think you should know about!

Interview with Jenny Hunt
Director, Elks Camp Grassick



What is Elks Camp Grassick?

Elks Camp Grassick is a residential summer camp in Dawson, ND for people with physical and intellectual disabilities. Our mission is to provide a very special summer camp experience for children and adults with disabilities.

Our camp sessions are designed to serve different levels of support needs.

Therapy camp is for children ages 7-21 who have a moderate support need and focuses on independence and individual therapies. Skills camp is for children ages 7-18 who have a minimal support need and focuses on social skills and building positive relationships with peers.

Recreation Camp and Medical Respite Camp are for children ages 7-16 who need one-on-one support. The Recreation session focuses on those who need one-on-one support due to more behavioral needs such as attention to task or risk of elopement while Medical Respite is for individuals who need total assistance due to their medical needs.

Adult Campers for individuals ages 21 and over of all support needs and is a recreational session.

What activities do campers do?

Campers are able to participate in traditional summer camp activities including crafts, recreation, swimming, boating, archery, and fishing. Camp Grassick also offers speech therapy, occupational therapy, and reading intervention which includes individual therapies and real life skills – building independence and self-confidence, practicing social skills and managing emotions. Each evening, campers and staff participate in activities such as dances, talent show, movies, campfires, church, and camp-wide games.

What if I can't afford camp?

Elks Camp Grassick never turns anyone away based on the ability to pay. Families are asked to pay what they are able towards the campership fee and the remainder will be covered through donations from the North Dakota Elks and other generous individuals, organizations, and businesses. Some campers are also able to get sponsorships from local businesses and organizations or through their school or special education unit.

How do I apply or help someone apply?

On our **website**, you can fill out an online version of the application or there is also a printable version. For students, there are sections for the parents/guardians to fill out that includes a medical form. There are also sections to be filled out by teachers and therapists. The adult camp application is just one document. The deadline for applications is March 26, 2025. The applications go through a screening process to determine if applicants are a

good fit for camp and the session they applied for.

Do you need volunteers or employees for camps this summer?

Camp Grassick is also accepting applications for summer staff. Open positions include cabin counselors, craft

instructors, recreation staff, a lifeguard, a camp nurse, reading instructors, and speech and occupational therapists. Working as camp staff provides valuable experience for students majoring in education, speech therapy, OT, PT, nursing, or other related fields.

What else do you want readers to know about Camp Grassick?

Elks Camp Grassick is a very special place and provides an amazing experience for campers and staff. Our core values are connection, independence, growth and respect. Camp Grassick offers everyone a place to be themselves, be accepted, play, laugh, learn, grow and make lifelong friendships.

Learn more!

Balancing the Budget: A Worthy Goal, But Don't Jeopardize Our Safety Nets

Director's Corner

How do we

Advocate



Advocate Educate Facilitate

Facilitate



Guiding you to find your voice

- Self-Advocacy Life Academy Class
- Attend IEP/IPP meetings
- Assist self-advocates with contacting legislators



Sharing our collective voice

- Participate in groups involving the rights and well-being of people with disabilities in our community
- Provide input in ND legislative sessions
- Participate in public input meetings



Educate

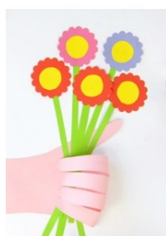
Training we do for individuals

- Retail Training Internships
- Rights education (BINGO)
- Life Academy Class
- Voter education opportunities
- United Voices Text Group
- Work experience opportunities
- Information and referrals



Training we do for groups

- Restorative Practice facilitation
- Community integration and ADA consultation
- Provide disability-related education to service groups
- Share information regarding current issues and policy changes to the public



Monday, March 10th



YES! I AM CREATIVE!
Engaging, Encouraging & Celebrating Your Creative Side
With Kay Hilde

10:00 am, 1:00 p.m. or 2:00 p.m. at The Arc

We will be creating paper flowers with Kay Hilde!

Please RSVP by Thursday, 3/6 by emailing
arcassistant@arccassnd.org as space is limited.



215 N University Drive, Fargo, ND 58102
701-293-8191 • arcassistant@arccassnd.org

Programs for individuals

- Scholarships
- Rep. Payee Services
- Grow With Us Gardening
- Yes! I am Creative Art Class
- Provide vouchers for household and clothing needs

Inclusive Events

- Fashion Show
- ADA Celebration
- The Arc's Annual Banquet and Dance

Services for the community

- Individual/group volunteer opportunities
- Host Plain Language AA Group
- Classroom grants
- Employment opportunities for people with disabilities and people in recovery



Since 1956 The Arc of Cass County has been promoting and protecting the human rights of people with intellectual and developmental disabilities. The Arc is dedicated to supporting people with disabilities to be fully participating in our community.

arccassnd.org



Join our **United Voices** advocacy text group!

Text

Join CCountyUV@gmail.com
to **701.935.5381**



701-935-5381

Join
CCountyUV@gmail.com

Good Reads

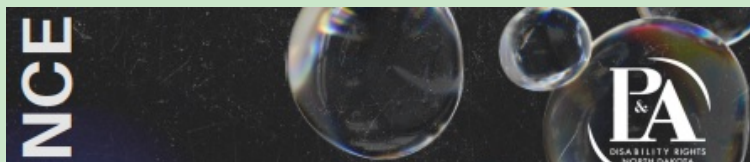
North Dakota News

- Behavioral Health Treatment Center Opens in Jamestown
- ND Protection & Advocacy Project Revamps Common Ground Guide & Training
- ND Monitor - Education Savings Accounts for all North Dakota Students Pass Senate

US Disability News

- Disability Scoop - Trump's Pick For Education Secretary Proposes Offloading Special Ed
- NBC News - Disability amid disaster: people with disabilities disproportionately impacted by natural disasters
- Disability Scoop - 'D word' Billboards Aim To Get People Talking About Disabilities

NDCPD PRESENTS:





RESILIENCE THROUGH CONNECTION

Strong relationships are essential for good health, yet many people, especially those with disabilities, experience loneliness and isolation, which can harm their well-being.

The Resilience Through Connection ECHO® provides a deep exploration of factors contributing to loneliness and social isolation. This program offers practical strategies to build life skills, resilience, and a sense of connectedness for individuals with disabilities and poor mental health. Participants will learn ways to reduce social isolation, improve mental well-being, and access resources in North Dakota that foster belonging and community.

Session Dates and Times:

Every Wednesday
Feb. 26, 2025 - April 30, 2025
11:00 am - 12:00 pm CT

This effort is associated with North Dakota's State Suicide Prevention Program, funded by the ND Department of Health and Human Services (HHS), Behavioral Health Division (BHD).

INTERESTED IN JOINING US?

Online via Zoom

- No cost to participants
- Learn best practices from Subject Matter Experts
- Earn free social work and nursing CEUs

REGISTER



ndcpd.org/echo

Krista.Opstedal@MinotStateU.edu



EMPOWERING INDEPENDENCE THROUGH TECHNOLOGY

JOIN US FOR AN AFTERNOON OF INNOVATION! EXPLORE THE FUTURE OF ACCESSIBILITY WITH HANDS-ON ASSISTIVE TECHNOLOGY AND HEAR FROM INDUSTRY EXPERTS. HELD ALONGSIDE THE POWER UP YOUR VOICE CONFERENCE.

EVENT	TIME
REGISTRATION OPEN POWER UP YOUR VOICE EVENT	2:00 PM
EXHIBITOR HALL OPEN	2:00 PM
ASSISTIVE TECHNOLOGY PRESENTATION	2:30 - 3:30 PM
EXHIBITOR HALL CLOSED	4:30 PM
SNACKS AND ENTERTAINMENT	5:00 PM

REGISTER FOR THIS EVENT AND THE POWER UP YOUR VOICE CONFERENCE 2025 ON [EVENTBRITE.COM](https://eventbrite.com)

MARCH 23, 2025

HOLIDAY INN FARGO
3803 13TH AVENUE
SOUTH FARGO, ND 58103

For more information, contact Jordan Wetsel with ND Protection and Advocacy at jowetsel@nd.gov, or Julie Horntvedt with the DD Council at jhorntvedt@nd.gov



MARCH
24TH, 2025

HOLIDAY INN - 3803 13TH AVE S
FARGO, ND 58103

2025 POWER UP YOUR VOICE CONFERENCE AGENDA

Pre-Conference Activities SUNDAY March 23rd

2:00 - Registration Opens

2:00-4:30 - P&A Assistive Technology Speaker/Demonstration

5:00-6:00 - Entertainment: Light Snacks & Comedy with Kyle Erickson

Conference Monday March 24th

8:30-9:30 - Registration and Light Breakfast, Vendor Show

9:30 - Welcome with Trevor Vannett - DD Council Chair and Sheryl Beard-Advocates Leading their Lives (ALL) President

9:45-10:45 - Keynote

Dr. Syard Evans - Centering the Humans in Human Services.

10:45-11:00 - Break

Plain Language

Big Book

STUDY GROUP

Fridays at 1pm



0:45-1:00 - Break

11:00-11:45 - Breakouts

1. Cody Clark - Making Life Magical
2. Vicky Davidson - Preparedness Begins with You
3. Heather Kapella - Transition from Pediatric to Adult Health Care

11:45-12:45 - Lunch, Advocacy Awards Ceremony and a Panel Presentation:

Agents of Change - Use Your Voice to Change the World
Sheryl Beard, Carol Becker, Jon Fettig, Richard Kraft, and Heather Forderer

12:45 - 1:00 - Break & Vendor Show

1:00 - 1:45 - Breakouts

1. Cody Clark - Revealing the Secrets Behind Essential Skills
2. Eric Stoker - Celebrating Self-Determination
3. Mistie Bouilly and Holden Bouilly - Student Led Individual Education Program (IEPs)

1:45-2:00 - Break & Vendor Show

2:00-2:45 - Breakouts

1. Joe Deutsch, Angie Kiefer, and Patsy Garland - Fuel Your Body to Feel Good and Be Healthy
2. Rachael Hafner - Futures Planning
3. Addie Loerzel - Life Lessons learned from a Cupcake

2:45-3:00 - Break & Vendor Show

3:00 - 4:00 - Keynote

Cody Clark: A Different Way of Thinking



The Arc of Cass County

215 N UNIVERSITY DR
FARGO, ND 58102

Visit our Website



The Arc of Cass County | 215 N University Drive | Fargo, ND 58102 US

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