

Did you know about?

Learn about services and organizations in our community we think you should know about!

We Rock The Spectrum North Dakota
Lorie and Michael Anderson, Owners



You brand your gym as all inclusive, can you explain what that means?

We Rock the Spectrum Kid's Gym (WRTS) is a sensory-based, inclusive gym founded in 2010 to provide a safe place for neurodiverse and neurotypical children to play and grow together. It is specifically designed to welcome children with special needs and give them and their families a place where they never have to say "I'm sorry." We strive to provide a safe, nurturing, non-judgmental and fun environment to foster learning and exploration and provide safe sensory experiences for all children. Our gym includes various unique equipment to assist children with neurological growth including but not limited to: sensory based swings and toys, an indoor play structure, motor play toys and equipment, an arts and crafts/fine motor area, a toddler area and imagination stations.

Are there staff available during open play to help children with high needs participate?

Yes, all our staff have experience with kiddos with special needs and can help facilitate interactions with peers or use of the equipment if needed. We try to train our staff to keep a proactive eye and look for instances where we can help promote social interactions or use the equipment in ways that helps either alert the body for better attention or calm down the body for better focus.

Can you tell me about your respite care/break time service?

Our respite/break time service is a drop off service we offer M-F during our Open Play hours. Families may utilize this service up to 3 hours per day. We require 72 hours notice to book this service to ensure we have available to provide care. The cost is \$18 per hour (1:4 ratio). We also offer 1:1 attendant care for those we require closure supervision for \$25 per hour.

What is something you want parents/readers to know about your gym/services?

We hope parents can come here and truly feel that their children are free to be themselves with no judgement. We are here to be a support, to listen to the hardships and the wins, to connect families, and be a space where all kids can learn from one another, and include one another, in play. We are currently looking for instructors willing to host various classes in our space to further our offerings to the community! We know there is SO much room for growth here at WRTS North Dakota and can't wait to see how we can continue to make a positive impact in year 2 of being open.

Other offerings we have planned so far starting this fall are our monthly Parents Night Out (a drop off service), adaptive music, character events, and working on setting up an after school social club for pre-teens. All events and happenings can be found on our Facebook and Instagram pages!

3051 25th St S Suite K -J1, Fargo, ND 58103
701-532-3210

werockthespectrumnorthdakota.com
Mon-Fri: 9-2pm & 3-6pm; Sat: 9am-6pm; Sun: 9-4pm
Please Call or Check Our **FB/IG** As We May Be Closed For Private Events.

Check out the monthly update to our Director's Corner on our website!

Director's Corner

HYBRID BOOK CLUB

Fall 2024



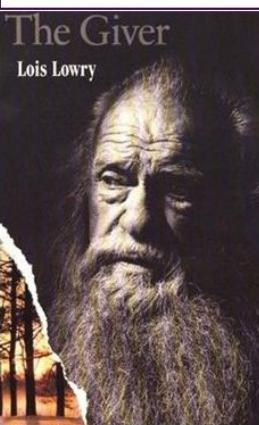
Title: The Giver
Author: Lois Lowry
When: Tuesdays at 1 pm, starting 9/10
Where: In-person @ The Arc, or virtually via Microsoft Teams

Life in the community where Jonas lives is idyllic. Designated birthmothers produce newchildren, who are assigned to appropriate family units. Citizens are assigned their partners and their jobs. No one thinks to ask questions. Everyone obeys. Everyone is the same. Except Jonas. Gradually Jonas learns that power lies in feelings. But when his own power is put to the test—when he must try to save someone he loves—he may not be ready. Is it too soon? Or too late?

To RSVP or for more information, please email arcassistant@arccassnd.org or call (701)293-8191.

215 N University Drive, Fargo, ND 58102
701-293-8191 • arcassistant@arccassnd.org

The Giver
Lois Lowry



GROW WITH US

Every Thursday @ 10:00 am

June-September

Join us as we grow produce in our community garden!

Wildflower Grove Gardens
9 Lower Terrace North
Fargo, ND 58102

Please RSVP by emailing arcassistant@arccassnd.org or by calling (701)293-8191.



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Monday, September 16th



YES! I AM CREATIVE!
Engaging, Encouraging & Celebrating Your Creative Side
With Kay Hilde

10:00 am, 1:00 p.m. or 2:00 p.m. at The Arc

We will be making lanterns with Kay Hilde!

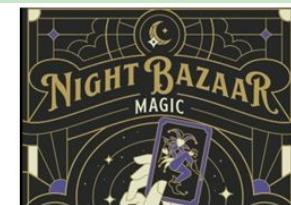
Please RSVP by Thursday, 9/12 by emailing arcassistant@arccassnd.org as space is limited.

1:00 session is FULL

215 N University Drive, Fargo, ND 58102
701-293-8191 • arcassistant@arccassnd.org



Special Event:
Thursday, Sept. 19th
@ 6 pm



NIGHT BAZAAR: MAGIC
Broadway Square
201 Broadway N, Fargo

Join us for a magic-themed evening of food, entertainment, and local vendors! This is no fee for this event, however, attendees will need money for any purchases they wish to make. Please RSVP by Tuesday, 9/17.

RSVP by emailing arcassistant@arccassnd.org or by calling (701)293-8191.



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Good Reads

US

- [The Arc of the US - The Ultimate Back-to-School Guide for Families of Children with Disabilities](#)
- [Disability Scoop - Feds Tell Voc Rehab Agencies Not To Limit Services To In-State Options](#)
- [Disability Scoop - 'Ultra-Accommodating' Hotel Concept Goes Beyond ADA Accessible](#)

- [Valley News Live - Three ND Tribes receive grants to support those with disabilities](#)
- [National Governors Association - Six States Selected to Participate in NGA Disability Inclusive Workforce Policy Learning Collaborative](#)
- [KFYRTV - New program pays full-time caregivers to those with disabilities](#)




Clothing, accessories, household items, home decor, garage sale leftovers w/o tags, holiday items and more!

Want us to pick it up? Call 701-412-2667.

The Arc
Attic Treasures

3201 43rd Street S, Fargo
255 University Drive N, Fargo



Join our **United Voices** advocacy text group!

Text
Join CCountyUV@gmail.com to **701.935.5381**

The Arc
Cass County

701-935-5381
Join CCountyUV@gmail.com



September Sales

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						
SHIRTS buy 1 get one FREE	SENIORS 55+ get 20% off your purchase	SHOES 50% off	TEACHERS, STUDENTS, & FIRST RESPONDERS get 20% off your purchase	BOOKS, MOVIES & MUSIC 50% off	EARLY BIRD 10-11:30am 20% off MYSTERY SALE all day	25% OFF your purchase ALL DAY

Shopping Hours
Monday-Saturday 10-7:30
Sunday 12-6:00

Shop with us.
Achieve with us.

Donations Hours
Monday-Saturday 10-6:00
Sunday 12-5:00

Visit our Website



The Arc of Cass County | 215 N University Drive | Fargo, ND 58102 US

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