



Give to The Arc of Cass County now through February 13th!

Your support allows us to:



Advocate

for individuals, and sharing our collective voice to raise societal expectations of people with I/DD.



Educate

the community about disability related issues and provide individual life and work skills training.



Facilitate

programs, inclusive events, employment and services for people with I/DD and our community.



Check out the monthly update to our Director's Corner!

Director's Corner

What does The Arc do?



Advocate

Guiding you to find your voice

- Self-Advocacy Life Academy Class
- Attend IEP/IPP meetings
- Assist self-advocates with contacting legislators



Sharing our collective voice

- Participate in groups involving the rights and well-being of people with disabilities in our community
- Provide input in ND legislative sessions
- Participate in public input meetings



Educate

Training we do for individuals

- Retail Training Internships
- Rights education (BINGO)
- Life Academy Class
- Voter education opportunities
- United Voices Text Group
- Work Experience opportunities
- Information and referrals



Training we do for groups

- Restorative Practice facilitation
- Community integration and ADA consultation
- Provide disability-related education to service groups
- Share information regarding current issues and policy changes to the public

Facilitate

Programs for individuals

- Book Club
- Yes! I am Creative Art Class
- Adaptive AA meeting
- Provide vouchers for household and clothing needs
- Scholarships
- Grow With Us Gardening
- Event Night

Inclusive Events

- Fashion Show
- ADA Celebration
- The Arc's Annual Banquet and Dance



Services for the community

- Individual/group volunteer opportunities
- Host Integrated AA Group
- Household donation pick-ups
- Employment opportunities for people with disabilities and people in recovery



Since 1956 The Arc of Cass County has been promoting and protecting the human rights of people with intellectual and developmental disabilities. The Arc is dedicated to actively supporting people with disabilities full inclusion and participation in the community.
arccassnd.org

Monday, February 10th



YES! I AM CREATIVE![®]

Engaging, Encouraging & Celebrating Your Creative Side
With Kay Hilde



10:00 am, 1:00 p.m. or 2:00 p.m. at The Arc

We will be making heart crafts with Kay Hilde!

Please RSVP by Thursday, 2/6 by emailing
arcassistant@arccassnd.org as space is limited.



215 N University Drive, Fargo, ND 58102
701-293-8191 • arcassistant@arccassnd.org



Life Academy - Self Advocacy course that involves vision board planning. 4-6 weeks, one hour session per week

Self Advocacy Bingo - Bingo with a self advocacy theme!



Join our **United Voices** advocacy text group!

Text

CCountyUV@gmail.com



701-935-5381

Join
CCountyUV@gmail.com

Self Advocacy Bingo - Bingo with a self advocacy theme, prizes included! One hour session

Interview Skills Training - Educational training about how to prepare for an interview. This is a partnership between The Arc and Job Service. Students will practice interviewing and receive feedback about their performance. One hour session

Practice Interviewing - Hands-on experience with interviewing at The Arc. Students will practice interviewing and receive feedback about their performance. One hour session

Virtual Reality Goggles - An opportunity for students to explore different professions by viewing virtual reality goggles. This is a partnership between The Arc and Job Service. One hour session

Educational Opportunities - Ongoing trainings about current issues and events affecting people with intellectual and developmental disabilities. Join our programs list to hear about these opportunities!

For any of the above services please contact Janell Ness at janell@arccassnd.org or 701-293-8191. Scheduling is flexible and based on the needs of your group!

Join CassCountyCares@gmail.com
to 701.935.5381



WE WANT YOUR STUFF!



Clothing, accessories, household items, home decor, garage sale leftovers w/o tags, holiday items and more!

Want us to pick it up? Call 701-412-2667.



3201 43rd Street S, Fargo
255 University Drive N, Fargo



February Sales

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SHIRTS buy 1 get one FREE	SENIORS 55+ get 20% off your purchase	SHOES 50% off	TEACHERS, STUDENTS, & FIRST RESPONDERS get 20% off your purchase	BOOKS, MOVIES & MUSIC 50% off	EARLY BIRD 10-11:30am 20% off MYSTERY	25% OFF your purchase ALL DAY

The Arc Attic Treasures logo is in the bottom right corner of the calendar.

your purchase
Monday-Saturday 10-7:30
Sunday 12-6:00

Shop with us.
Achieve with us.

SALE all day
Monday-Saturday 10-6:00
Sunday 12-5:00

Visit our Website



The Arc of Cass County | 215 N University Drive | Fargo, ND 58102 US

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